Behçet's Disease is a rare, chronic, multi-system inflammatory disease that causes swelling of blood vessels. Symptoms typically begin between ages 20-30, but can occur at any age and typically come and go over a period of months or years throughout a patient's lifetime. There is no targeted diagnostic test for Behçet's Disease. The impact of the symptoms of Behçet's Disease may be more than just physical. Pain in the body may also cause depression, anxiety, tension, and fear. Quality of life can be negatively impacted by possible pain and discomfort, painful oral ulcers, and symptoms that can have a negative impact on mental health, self-esteem, body image, and relationships.