BEHÇET'S DISEASE

Behçet's Disease is a rare, chronic, multi-system inflammatory disease that causes swelling of blood vessels[1,2]

Affected Areas[1,2]

INFLAMMATION CAUSED BY THE DISEASE CAN AFFECT AREAS SUCH AS:

- MOUTH
- GENITALS
- SKIN
- JOINTS
- EYES

Diagnosis[3,4]

MEAN DURATION FROM ONSET OF SYMPTOMS TO DIAGNOSIS IS

5.3 YEARS*

There is no targeted diagnostic test for Behçet's Disease

* Study of 661 patients at the Behçet's Disease units of Akdeniz, Cukurova, Firat, Gazi, Inonu and Mersin Universities.

Prevalence[5]

BEHÇET'S DISEASE AFFECTS AROUND

5 in 100,000

PEOPLE IN THE U.S.

Symptoms[1,2,5,6]

Symptoms typically begin between **AGES 20-30**, but can occur at any age and typically come and go over a period of months or years throughout a patient's lifetime

- Sores in the mouth or on the genitals
- Skin and acne-like lesions
- Recurring ulcers in the digestive tract
- Joint pain and swelling
- Brain inflammation
- Inflamed eyes, blurry vision, sensitivity to light & blindness (if uncontrolled)
- Inflammation of blood vessels and blood clots

Impact[7,8]

THE IMPACT OF THE SYMPTOMS OF BEHÇET'S DISEASE MAY BE MORE THAN JUST PHYSICAL

PAIN IN THE BODY MAY ALSO CAUSE:

- Depression
- Anxiety
- Tension
- Fear

Quality of Life[7,8]

- Possible pain and discomfort can cause difficulties in day-to-day tasks and disrupt sleep
- Painful oral ulcers may make it difficult to eat and speak normally
- Symptoms can have a negative impact on mental health, self-esteem, body image and relationships

[1] Behçet's Disease. National Institutes of Health Genetic and Rare Disease Center. https://rarediseases.info.nih.gov/diseases/848/behcet-disease. Accessed March 2019.
[2] Medical Summary of Behçet's Disease. American Behçet's Disease Association. http://www.behcets.com/site/c.8olJJRPsGcISF/b.9145655/k.993C/Medical_Summary.htm. Accessed March 2019.
[3] Zeidan MJ., Saadoun D., Garrido M., et al. Behçet's Disease physiopathology: a contemporary review. *Auto Immun Highlights.* 2016;7(1):4.
[4] Alpsoy E., Donmez L., Onder M., et al. Clinical features and natural course of Behçet's Disease in 661 cases: A multicentre study. *The British Journal of Dermatology.* 2007;157:901-906.
[5] Leonardo NM., McNeil J. Behçet's Disease: is there geographical variation? A review far from the Silk Road. *Int J Rheumatol.* 2015;2015:945262.
[6] Behçet's Disease. National Institutes of Health Genetics Home Reference. https://ghr.nlm.nih.gov/condition/behcet-disease#diagnosis. Accessed November 2018.
[7] Canpolat O., Yurtsever S. The quality of life in patients with Behçet's Disease. *Asian Nursing Research.* 2011;5(4):229-235.
[8] Bernabe E., Marcenes W., Mather J., et al. Impact of Behçet's Syndrome on health-related quality of life: influence of the type and number of symptoms. *Rheumatology.* 2010;49(11):2165-2171.

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